

Health and Wellbeing Strategy Action Plan

Goal: Better emotional health and wellbeing

OBJECTIVE: C4: Improve the identification and treatment of depression, particularly in high risk groups			OBJECTIVE LEAD: Funmi Worrell		
Action	Outcome	Action lead	Link to outcome framework indicator	Delivery Date	Reference to existing strategy or plan
A. Increase the % of patients on a GP depression QOF register with a record of accessing IAPT	<ul style="list-style-type: none"> • Mental health Joint Strategic Needs Assessment Product to be completed • Identify areas to improve mental health identification and treatment in Thurrock • Ensure recommendations are actioned 	Funmi Worrell Jane Itangata	Outcome Framework Indicator 1 People entering IAPT as a % of those estimated to have anxiety / depression. Also monitor QOF data on depression prevalence	By December 2016	Public Health service plan
B. Increase the % of people who recover after IAPT treatment	<ul style="list-style-type: none"> • Mental health Joint Strategic Needs Assessment Product to be completed • Identify areas to improve mental health identification and treatment in Thurrock • Ensure recommendations are actioned 	Funmi Worrell Jane Itangata	Outcome Framework Indicator 1 People entering IAPT as a % of those estimated to have anxiety / depression.	By December 2016	Public Health service plan
C. Increase the % of patients with CVD or	<ul style="list-style-type: none"> • Delaying residential care admissions in older people 	Funmi Worrell/ Jane Itangata	% of patients on community	Pilot starting on 1 st July	Public health service plan

COPD, and without a diagnosis of depression, screened for depression in the last 24 months using a standardised tool	<ul style="list-style-type: none"> Improving quality of life Making financial savings for adult social care 		LTCs caseloads without a diagnosis of depression, screened for depression in the last 24 months using a standardised tool.	2016, completion by March 2017	
			GP scorecard	2017	Public Health service plan
D. Increase % of ASC clients over 65 screened for depression by frontline Thurrock Council social care staff	<ul style="list-style-type: none"> Delaying residential care admissions in older people Improving quality of life Making financial savings for adult social care 	Funmi Worrell/ Les Billingham	% of ASC clients over 65 screened for depression by frontline Thurrock Council SC staff	Pilot starting on 1 st July 2016, completion by March 2017	Public health service plan
E. (Action is a cross reference to that contained within action plan C2) Improve the emotional health and wellbeing of children and young people	<ul style="list-style-type: none"> Children and young people to report improved emotional health and wellbeing via appropriate survey 	Malcolm Taylor/ Helen Farmer/ Funmi Worrell	Link with C2 action plan	By March 2017	Public Health service plan
F. Children Centre Outreach to young people	<ul style="list-style-type: none"> Children's centre to provide outreach service to young people 	Malcolm Taylor/Helen Farmer/Funmi Worrell	Link with C2 action plan	By 2017	Public Health service plan

Outcome Framework

Objective	C4: Improve the identification and treatment of depression, particularly in high risk groups.					
Indicators	2016 Baseline	2017	2018	2019	2020	2021 Target
<p>Outcome Framework Indicator 1</p> <p>People entering IAPT as a % of those estimated to have anxiety / depression.</p> <p>This indicator captures the number of people entering Improving Access to Psychological Therapy (IAPT) services as a proportion of all those estimated to have anxiety and/or depression. The ambition for increasing IAPT access for those with a common mental health disorder was set out in the <u>Five Year Forward View for Mental Health</u> report in February 2016, setting a national target of 25% by 2020/21.</p>	<p>15.1% (Sep 2015)</p>	<p>17.08%</p>	<p>19.06%</p>	<p>21.04%</p>	<p>23.02%</p>	<p>25%</p>
<p>Outcome Framework Indicator 2</p> <p>% of people who have completed IAPT treatment who are “moving to recovery”.</p> <p>This indicator is a measure of IAPT patient outcome, as it shows the proportion of people that were above the clinical threshold for anxiety/depression before treatment but below following treatment.</p>	<p>39.3% (Mar 2016)</p>	<p>41.44%</p>	<p>43.58%</p>	<p>45.72%</p>	<p>47.86%</p>	<p>50.0% (current national target)</p>
<p>Outcome Framework indicator 3</p> <p>% of patients on community LTCs caseloads without a diagnosis of depression, screened for depression in the last 24 months using a standardised tool.</p> <p>The indicator looks to quantify the proportion of patients known to long term conditions services who have been screened for depression using a validated tool (PHQ9) within the last 24 months.</p>	<p>Baseline data not available yet</p>					<p>95%</p>

<p>This has been included as there is evidence to indicate that those with an existing long term condition are at high risk of depression. This has only recently been added into the service contract as a requirement and as a result, baseline data is difficult to obtain at this stage.</p>						
<p>Outcome Framework indicator 4</p> <p>% of ASC clients over 65 screened for depression by frontline Thurrock Council SC staff</p>						
<p>This is a new indicator aiming to quantify the proportion of clients known to adult social care services who have been screened for depression. Work is in progress to start this as a pilot programme from 1st July 2016.</p>						